

Recipe of the Week



Breyers Grilled Bananas Foster

1/3 cup firmly packed light brown sugar

1/4 cup I Can't Believe It's Not Butter!® Spread

2 Tbsp. rum or apple juice

4 bananas, cut into 1-inch-thick slices

2 cups Breyers® Natural Vanilla Ice Cream

Microwave sugar, Spread and rum in small microwave-safe bowl at HIGH 20 seconds or until melted; stir until smooth.

Arrange 1 sliced banana on four 12 x 18-inch pieces heavy-duty aluminum foil on each, then evenly drizzle with Spread mixture. Wrap foil loosely around mixture, sealing edges airtight with double fold. Arrange each pouch on another 12 x 18-inch sheet of foil; seal edges airtight with double fold in opposite direction.

Grill, shaking package occasionally and turning package once, 6 minutes or until bananas are tender and caramelized. Open pouches, then evenly top with Breyers® Natural Vanilla Ice Cream.



Another great recipe from www.bv.bm